

**Discover Islam in 7 Minutes!**

**Part 2**

## **THE RELIGION OF ADAM AND EVE**

**Written by: Dr. Naji Ibrahim**

**Edited by: Ann Ronayne**

## **One Religion and One message!**

Since the creation of Adam and Eve, throughout history, *just one true religion with one original message* has been delivered repeatedly to humankind. To remind people of it and get them back on track, many prophets and messengers—including Adam, Noah, Abraham, Moses, Jesus, and Muhammad—were sent by *the only true God to convey this same message and follow the same religion of God.*

These prophets and messengers all preached the same message; therefore their religion must be the same!

*Submission* to the Will of God is the essence of their message. This word ‘SUBMISSION’ is the meaning of the Arabic word ‘ISLAM’.

The Qur’an confirms that *submission* to God, or ‘*Islam*’, is the true religion of Adam and all God’s prophets and messengers.

The Bible mentions many statements in which Jesus teaches his followers to do the Will of God and to keep His commandments. Similarly, the Bible reports these words of Jesus’ brother, James, who also refers to the meaning of Islam (submission to God) when he says:

***“Submit yourselves therefore to God.” (James 4:7)***

The word ‘Muslim’ means a person who submits his or her will to the One True God; therefore, Muslims are true followers of Adam, Noah, Abraham, Moses, Jesus, Mohammad, and the rest of the prophets.

## **The One True God in the Old Testament of the Bible:**

*Hear, O Israel: The Lord our God is one Lord. (Deuteronomy 6: 4)*

*For I am God, and there is none else; I am God, and there is none like me. (Isaiah 46: 9)*

*How great you are, O Sovereign Lord! There is no one like you, and there is no God but you, as we have heard with our own ears. (2 Samuel 7:22)*

*You may know and believe Me and understand that I am He. Before Me no god was formed, nor shall there be any after Me. I, I am the Lord, and besides Me there is no Savior. (Isaiah 43: 10-11)*

*O Lord, there is none like thee, neither is there any God beside thee, according to all that we have heard with our ears. (1 Chronicles 17:20)*

*I am the first, the last, the only God; there is no other god but me. (Isaiah 44: 6)*

*There is no other god. "Turn to me now and be saved, people all over the world! I am the only God there is. My promise is true, and it will not be changed. I solemnly promise by all that I am: Everyone will come and kneel before me. (Isaiah 45: 21-23)*

## **The One True God in the New Testament of the Bible:**

*And, behold, one came and said unto him, Good Master, what good thing shall I do, that I may have eternal life? And he (Jesus) said unto him, Why do you call me good? There is none good but one, that is, God. (Matthew 19: 16-17, KJV)*

*And eternal life means to know you, the only true God, and to know Jesus Christ, whom you sent. (John 17: 3)*

*Worship the Lord your God and serve only him! (Matthew 4: 10)*

*And Jesus answered him, The first of all the commandments is, Hear, O Israel; The Lord our God is one Lord: And thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength: this is the first commandment. And the second is like, namely this, Thou shalt love thy neighbour as thyself. There is none other commandment greater than these. (Mark 12: 29-31)*

*And the scribe said unto him, Well, Master, thou hast said the truth: for there is one God; and there is none other but he: (Mark 12: 32)*

*For there is one God and there is one mediator between God and men, the man Christ Jesus. (1 Timothy 2: 5)*

*Jesus answered, "My teaching is not my own. It comes from the one who sent me. (John 7: 16)*

## **The One True God in the Qur'an**

*And your god is One God. There is no deity [worthy of worship] except Him, the Most Compassionate, the Most Merciful. (2: 163)*

*Say, "He is Allah, [Who is] One, Allah, the Eternal Refuge. He neither begets nor is born, nor is there to Him any equivalent." (112: 1-4)*

*"There is no deity except Me, so worship Me." (21: 25)*

*Indeed, your God is One. (37: 4)*

*Is there a deity with Allah? High is Allah above whatever they associate with Him. (27: 63)*

*That is Allah, your Lord; there is no deity except Him, the Creator of all things, so worship Him. And He is Disposer of all things. (6: 102)*

*And they were not commanded except to worship One God; there is no deity except Him. Exalted is He above whatever they associate with Him. (9: 31)*

## **Conclusion**

All God's prophets and messengers— including Adam, Noah, Abraham, Moses, Jesus, and Muhammad— were sent by the same God, the Creator, to convey the same message:

*The true God is only ONE. Worship Him ALONE and keep His commandments.*

Since these prophets and messengers all preached the same message, their religion must be the same! So, what is the religion of these prophets and messengers?

*Submission* to the Will of God is the essence of their message. This word 'SUBMISSION' is the meaning of the Arabic word 'ISLAM'.

The Qur'an confirms that 'Islam' is the true religion of Adam and Eve and their descendants until the Day of Judgment.

Ultimately, to attain salvation, we must receive and believe in the above-mentioned message willingly and wholeheartedly. But this is not enough! We must also believe in all God's true prophets (including Prophet Muhammad) and follow their true religion, guidance and teachings. This is the gateway to a happy, eternal life!

### **Basic Islamic names and terms:**

**Allah:** In Arabic, Allah is the proper name of the One True God, the Creator. Islam teaches that Allah is the true God of all humankind. Jewish and Christian Arabs use this name (Allah) to refer to God, and it is the word used for God in Arabic-language Bibles.

**Muhammad:** the last Prophet of the One True God (Allah); sent to all humankind (may Allah's blessings and peace be upon him).

**Islam:** submission to the Will of the One True God (Allah).

**Muslim:** one who submits to the Will of the One True God (Allah).

**The Glorious Qur'an:** the final Word of the One True God (Allah), as revealed to Prophet Muhammad.

### **Are you curious?**

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### **The testimony of faith (the gateway to Islam):**

“I testify that there is no god but Allah, and I testify that Muhammad is the messenger of Allah.”

In Arabic, it reads:

أشهد أن لا إله إلا الله وأشهد أن محمدا رسول الله

which sounds like this:

**ASH-HADU ALLA ILAHA ILLA ALLAH,  
WA ASH-HADU ANNA MUHAMMADAN RASOOLU ALLAH.**

This is the testimony of faith that one needs to pronounce in order to embrace Islam; it sums up the truth, beauty, and simplicity of Islam.

